

NEWS RELEASE

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For Immediate Release

Contact North | Contact Nord Collaborates with Athabasca University To Offer Free Massive Open Online Learning Course (MOOC) - Learning to Learn Online

THUNDER BAY, ON - New and returning post-secondary students preparing to take their university classes online this fall can now take a free online course (MOOC), **Learning to Learn Online** starting August 10, 2020.

During the free five-week, self-paced course, new and experienced students learn essential concepts and practices for successful online learning. They explore the fundamentals of online learning. They determine their learning preferences and address common misconceptions. They learn how to deal with their frustrations and how to overcome their fears about online learning and gain confidence.

“We are thrilled to partner with Contact North | Contact Nord and their expansive reach to help ensure as many post-secondary students have free access to this unique course to be successful online learners,” says Dr. Marti Cleveland-Innes, Course Instructor. Cleveland-Innes is Professor and Chair in the Centre of Distance Education at Athabasca University where she is heavily involved in the research and practice of blended and online teaching and learning.

“Students have the opportunity to learn about how online education differs from the traditional classroom and build strategies for student success,” shares Sarah Gauvreau, Course Facilitator and Research Associate for Contact North | Contact Nord. “We guide participants through an interactive self-reflection process to determine their learning preferences and to create their own personal strategy for successful online learning”.

For more information or to register for Learning to Learn Online visit: <http://contactnorth.ltlo.ca/>

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